

## Course Title

**HLTAID001 Provide cardiopulmonary resuscitation** is a Nationally Recognised unit of competency taken from the Health Industry Training package

## Course Aim

To provide a level of knowledge, judgment and skill to administer resuscitation both in the workplace and in the community.

## Course Structure

The **Resuscitation** course is delivered as a single module and has a target duration of 3 hours.

Refresher courses are also offered for this unit of competency. Refreshers are designed for those that have previously undertaken a CPR (Resuscitation) course and need to update their qualification in accordance with industry and ARC Guidelines. This allows for the fact that the candidates have some prior knowledge and experience and simply need to refresh their skills. Refresher courses cover the same topics (competencies) as a full course but are delivered in a shorter period of time due to the prior experience of the candidates.

This Resuscitation course follows the standards recommended in the Australian Resuscitation Council (ARC) Guidelines.

## How to Enrol

Enrolments should be made on an H<sub>2</sub>O Pro Pty Ltd application form that you will find with this course outline or which can be obtained from our website. To enrol into a course, you will need to complete the form and return it, together with your payment, to **H<sub>2</sub>O Pro Pty Ltd, PO Box 831, Mulgrave Vic 3170** (or it can be faxed with your credit card details to (03) 9548 4288) or e.mailed to [enrolments@h2opro.com.au](mailto:enrolments@h2opro.com.au) ). Once we receive your application form and payment we will confirm your enrolment by e.mail, or if an e.mail address has not been provided, by mail.

In some instances the facility or workplace where the course is to be held may also take enrolments. Please contact H<sub>2</sub>O Pro or the facility / workplace if further information is required on the enrolment procedures.

The minimum age for course participants is 14 years. *A degree of fitness is required, as candidates may be required to move or lift an adult patient as part of the course. Candidates will also be required to kneel on the floor to perform CPR on a training manikin for a minimum of 2 minutes.*

## Resuscitation Course Content

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| a) Recognise an emergency situation  | b) Identify, assess and minimise immediate hazards to health and safety of self and others                    |
| c) Assess the casualty and recognise the need for CPR                                      | d) Seek assistance from emergency response services   |
| e) Perform CPR in accordance with ARC Guidelines   | f) Display respectful behaviour towards casualty  |
| g) Operate automated external defibrillator (AED) according to manufacturer's instructions | h) Accurately convey incident details to emergency response services  |
| i) Report details of incident to workplace supervisor as appropriate                       | j) Maintain confidentiality of records and information in line with statutory and/or organisational policies. |

This course covers competencies for CPR (Rescue Breathing & Compressions) on Adults, Children and Infants. The application of Rescue Breathing includes Mouth to Mouth, Mouth to Nose and Mouth to Mask resuscitation techniques.

## Qualification

Upon successful completion of this course candidates will be issued a "Statement of Attainment" confirming completion of this Unit of Competency.

**For information regarding Educational Standards, Mutual recognition, Cancellations and Refunds, Trainee Grievances and our Training Guarantee, contact H<sub>2</sub>O Pro for a copy of our Code Of Practice, or you can view it on our website at [www.h2opro.com.au](http://www.h2opro.com.au)**

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