

Resuscitation Courses

Candidate Outline

Course Aim

To provide a level of knowledge, judgment and skill to administer resuscitation and/or first aid both in the workplace and in the community.

Course Structure

The **Resuscitation** course, one module, has a target duration of 3 hours.

Update courses are also offered for these courses. Updates are designed for those that have previously undertaken a CPR (Resuscitation) course and need to update their qualification. This allows for the fact that the candidates have some prior knowledge and experience and simply need to refresh their skills. Update courses cover the same topics (competencies) as a full course, but are delivered in a shorter period of time due to the prior experience of the candidates.

This Resuscitation course follows the standards recommended in the Australian Resuscitation Council Guidelines..

Entry Requirement

Bookings should be made on an H₂O Pro Pty Ltd application form that you will find with this course outline, or on our website – www.h2opro.com.au In order to enrol into a course, you will need to complete the form and return it, together with your payment to:

**H₂O Pro Pty Ltd.
PO Box 831
MULGRAVE VIC 3170.**

Once we receive your application form and payment we will confirm your booking by mail.

The minimum age for course participants is 14 years. *A degree of fitness is required, as candidates may be required to move or lift an adult patient as part of the course.*

Resuscitation Course Content

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| a) Recognition of an emergency situation | b) Priorities in an emergency |
| c) Assessment of an unconscious patient | d) Maintenance of an airway |
| e) Placement of an unconscious patient | f) Cardio Pulmonary Resuscitation (CPR) |
| g) Coping with complications that may arise during resuscitation | |

This course covers competencies for CPR (Rescue Breathing & Compressions) on Adults, Children and Infants. The application of Rescue Breathing includes Mouth to Mouth, Mouth to Nose and Mouth to Mask resuscitation techniques.

Course Equipment

All training equipment will be provided by H₂O Pro Pty Ltd.

For information regarding Educational Standards, Mutual recognition, Cancellations and Refunds, Trainee Grievances and our Training Guarantee, contact H₂O Pro for a copy of our Code Of Practice, or you can view it on our website at www.h2opro.com.au