

Resuscitation Courses

Candidate Outline

Course Title

HLTCPR201A Perform CPR is a Nationally Recognised unit of competency taken from the Health Industry Training package

Course Aim

To provide a level of knowledge, judgment and skill to administer resuscitation both in the workplace and in the community.

Course Structure

The **Resuscitation** course is delivered as a single module and has a target duration of 3 hours.

Update courses are also offered for this unit of competency. Updates are designed for those that have previously undertaken a CPR (Resuscitation) course and need to update their qualification. This allows for the fact that the candidates have some prior knowledge and experience and simply need to refresh their skills. Update courses cover the same topics (competencies) as a full course, but are delivered in a shorter period of time due to the prior experience of the candidates.

This Resuscitation course follows the standards recommended in the Australian Resuscitation Council (ARC) Guidelines.

Entry Requirement

Bookings should be made on an H₂O Pro Pty Ltd application form that you will find with this course outline, or on our website – www.h2opro.com.au In order to enrol into a course, you will need to complete the form and return it, together with your payment to:

**H₂O Pro Pty Ltd.
PO Box 831
MULGRAVE VIC 3170.**

Once we receive your application form and payment we will confirm your booking by mail.

The minimum age for course participants is 14 years. *A degree of fitness is required, as candidates may be required to move or lift an adult patient as part of the course. Candidates will also be required to kneel on the floor to perform CPR on a training manikin.*

Resuscitation Course Content

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| a) Identify Hazards to health & safety of self and others | b) Minimise immediate risk to health and safety of self, casualty and others by isolating any hazards(s) |
| c) Approach the casualty in a calm, culturally aware, sensitive and respectful manner | d) Assess vital signs of casualty |
| e) Recognise the need for CPR | f) Perform CPR in accordance with ARC Guidelines |
| g) Seek assistance from others and/or ambulance support as appropriate | h) Request ambulance support or appropriate medical assistance using available means of communication |
| i) Accurately convey details of casualty's condition and CPR procedures performed to emergency services personnel | j) Calmly provide information to reassure casualty, adopting a communication style to match the casualty's level of consciousness |
| k) Provide reports, where applicable, in a timely manner, presenting all relevant facts relating to performing CPR | |

This course covers competencies for CPR (Rescue Breathing & Compressions) on Adults, Children and Infants. The application of Rescue Breathing includes Mouth to Mouth, Mouth to Nose and Mouth to Mask resuscitation techniques.

For information regarding Educational Standards, Mutual recognition, Cancellations and Refunds, Trainee Grievances and our Training Guarantee, contact H₂O Pro for a copy of our Code Of Practice, or you can view it on our website at www.h2opro.com.au